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Dear Chicago Community Leader,

The American College of Surgeons Committee on Trauma is leading the effort to save lives by teaching bystanders to provide the vital initial response to stop uncontrolled bleeding in emergency situations. This will be accomplished by the development of a comprehensive and sustainable bleeding control education and information program targeted to civilians.

The Chicago Committee on Trauma, the local chapter of the American College of Surgeons, is now organizing, free for the public, Stop the Bleed courses in Chicago.

**Goals**

- Provide all communities and neighborhoods around the greater Chicago area, free for the public, Stop the Bleed courses
- To train first responders and medical professionals including police, firefighters, EMTs, doctors and nurses, how to stop bleeding so they can teach classes in their communities
- To place bleeding control kits, containing items such as dressings and tourniquets, in publicly accessible locations such as schools, community centers and arenas.

We are looking to members of the Chicago community to help us achieve our goals. How to help:

- Put bleeding control kits at your office/ place of business
- Sponsor classes at your office/ company and train your staff
- Sponsor community classes, via monetary support or supplies
- Spread the word to other community leaders

The Chicago Committee on Trauma is nonprofit 501.c3. Instructors and course organizers are uncompensated medical professionals and volunteers.

Please join us in protecting our community,

Amy Stewart, MD, FACS  
[stopthebleedchicago@gmail.com](mailto:stopthebleedchicago@gmail.com)

... Stop the Bleed Subcommittee Chair

Chicago Committee on Trauma of the American College of Surgeons



# STOP THE BLEED®

## SAVE A LIFE



AMERICAN COLLEGE OF SURGEONS  
*Inspiring Quality,  
Highest Standards, Better Outcomes*

100+years

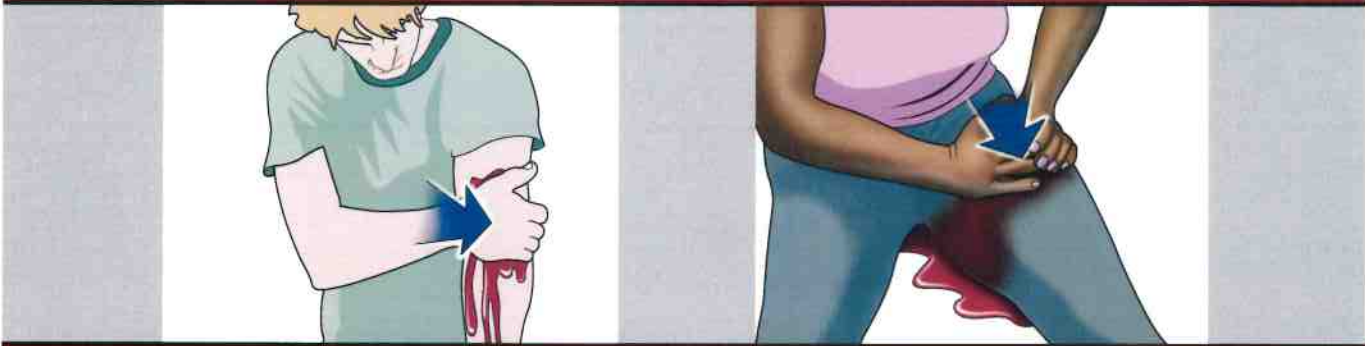


THE  
COMMITTEE  
ON TRAUMA

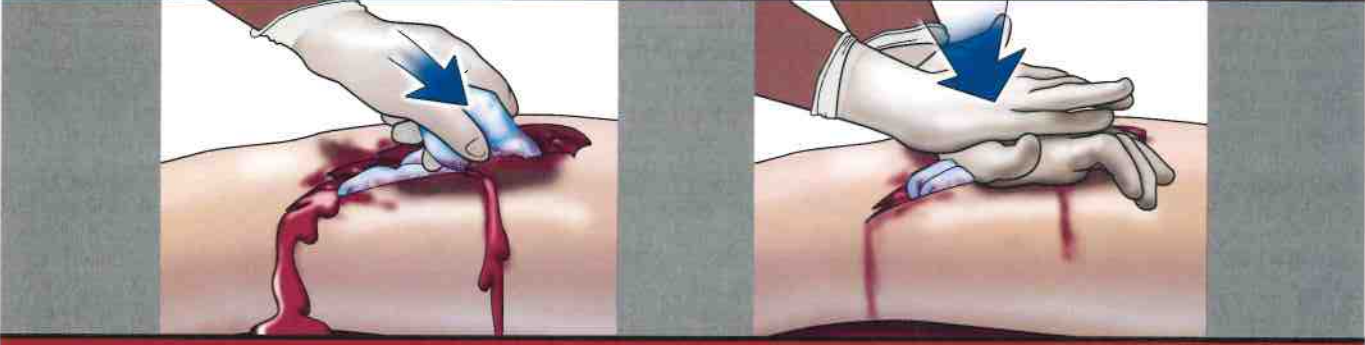


### BLEEDINGCONTROL.ORG

## 1 APPLY PRESSURE WITH HANDS



## 2 APPLY DRESSING AND PRESS



## 3 APPLY TOURNIQUET



WRAP

WIND

SECURE

TIME

# CALL 911

The Stop the Bleed campaign was initiated by a federal emergency workshop convened by the National Security Council Staff. The purpose of the campaign is to build national resilience by better preparing the public to save lives by using awareness of basic actions to stop the bleeding, identify bleeding, access emergency care, and provide first aid. Advances made by military medicine and research in hemorrhage control during the wars in Afghanistan and Iraq have informed the work of the Institute for Applied Healthcare Research of the University of Colorado Denver, the backbone of the efforts of the general public. Stop the Bleed is a registered service mark of the Department of the Defense. Use of the equipment and the warning device is governed under all applicable laws, including that all laws will be served.